

SKATING CLUB OF NORTHERN VIRGINIA

SEASON BOOK

2018-19



TABLE OF CONTENTS

	PAGE
SCNV BOARD OF DIRECTORS	3
INFORMATION ABOUT SCNV	4
MEMBERSHIP INFORMATION	4
TYPES OF MEMBERSHIP	5
MEMBERSHIP DUES	6
MONDAY NIGHT CLUB ICE – SESSIONS AND FEES	8
TESTS	14
COMPETITIONS	16
SANCTIONS	17
CLUB ACTIVITIES	18
MENTOR PROGRAM	19
JUNIOR BOARD	19
CLUB AWARDS	19
SCHOLAR AWARDS/COMPETITORS FUND/COLLEGIATE SCHOLARSHIP PROGRAM	23
COACH/OFFICIALS/PROSPECTIVE OFFICIALS EDUCATION INCENTIVE	24
U.S. FIGURE SKATING & SCNV CODES OF CONDUCT	25
SCNV SKATING SESSION RULES AND ETIQUETTE	28

THE SKATING CLUB OF NORTHERN VIRGINIA IS A 501(c)(3) CHARITABLE ORGANIZATION.
CONTRIBUTIONS ARE TAX DEDUCTIBLE.

Skating Club of Northern Virginia
P.O. Box 2434
Fairfax, VA 22031

<http://www.scnv.org>

Home Rink:
Fairfax Ice Arena
3779 Pickett Road
Fairfax, VA 22031
(703) 323-1132

SCNV BOARD OF DIRECTORS

Cheryl Litman**
President, Safesport

703-303-3310
President@scnv.org

George Conant**
Vice President, Awards

202-365-5669
Vice-President@scnv.org

Jill Smith**
Secretary, Junior Board

703-786-6430
Secretary@scnv.org

Karen Adelstein**
Treasurer

703-328-5515
Treasurer@scnv.org

Thuthuy Huynh
Tests, At large Executive committee member

703-966-1752
Thuthuy@scnv.org

Stephanie Haynos
Tests, Nominating

703-309-8717
Stephanie@scnv.org

Carol Glover**
Membership

571-294-3743
Carol@scnv.org

Renee Dondes
Special Events

703-899-6867
Renee@scnv.org

Alexandra Williams
Junior Board, Adult Skating

571-345-6977
Alexandra@scnv.org

INFORMATION ABOUT SCNV

Please save this season book and refer to it and The Skating Club of Northern Virginia (SCNV) website, at www.scnv.org, throughout the skating season. Both contain important member information. Using these resources is the best way to keep up with SCNV activities and member responsibilities.

- Renew membership, register for a test, make a donation and purchase SCNV merchandise on the SCNV Membership & Testing site at <http://www.scnv.org/Membership&Testing>. Members and non-members may also access the site via the hot buttons on the SCNV website at www.scnv.org.
- SCNV will send e-mails from time to time, including weekly *This Week at SCNV* announcements.
- Members may also elect to receive SCNV's quarterly email newsletter, *The Edge*, at <http://www.scnv.org/newsletter.html>. "*The Edge*" archive is also available on the SCNV website.
- SCNV maintains two bulletin boards at Fairfax Ice Arena, one between the lesson desk and the skate rental desk, and one inside the rink on the office wall. Additionally there is a bulletin board at Prince William Ice Arena.
- Members are encouraged to "Like" SCNV at <https://www.facebook.com/SCNV.org>.

MEMBERSHIP INFORMATION

Membership in SCNV is open to all persons not currently deemed ineligible for a U.S. Figure Skating membership. Membership fees are non-refundable and non-transferable. SCNV Primary Home Club membership includes U.S. Figure Skating membership and each SCNV Primary Home Club member family is subscribed to *Skating* magazine, published by U.S. Figure Skating.

Skaters, family members, and friends of skating may purchase memberships online at the SCNV Membership & Testing site, <http://www.scnv.org/Membership&Testing>. Email Carol Glover at membership@scnv.org if you are unable to complete the online application.

SCNV members must renew annually to remain in good standing, test at SCNV-sponsored test sessions, compete in U.S. Figure Skating-sponsored

competitions, purchase Club Ice, or participate on a theatre on ice or synchronized skating team representing SCNV.

Membership dues must accompany your SCNV application. The U.S. Figure Skating membership calendar runs from July 1 through June 30. Memberships expire June 30 irrespective of when they are purchased; consider an Interim Membership, described on page 7 if joining late in the season. For more information about dues, see page 6.

Members provide several electronic signatures when completing the online application. These agreements and authorizations include the Code of Conduct, Authorization for Medical Release, Media Release, and Liability Waiver. Members are also asked to fill out a volunteer survey.

TYPES OF MEMBERSHIP

Primary Home Club Membership

SCNV is the primary U.S. Figure Skating club of SCNV Primary Home Club members. Such members represent SCNV when testing or competing in U.S. Figure Skating events. Within this membership category, there are two subcategories:

Full Members: Full Members are those adult or junior members who subscribe to SCNV-sponsored Freestyle sessions or classes prior to March 1, 2019, and/or members of either the Virginia Ice Theatre of Fairfax (VITOF) or the National Blades synchronized skating teams. Please review the Club Ice section of this document on page 9 for additional information about Full Member status. Full Members are members of U.S. Figure Skating, can participate in all SCNV activities, and receive priority consideration for SCNV test sessions. Adult Full Members (18 years and older) also have SCNV voting privileges. Junior skaters (under the age of 18) may subscribe to sessions on Monday night, and/or join and practice with VITOF and/or National Blades, and achieve Junior Full Member status only if one parent/guardian becomes an SCNV member. This parent/guardian member is not required to be a Primary Home Club Member to have voting privileges.

Associate Members: Associate Members join the club to participate in U.S.

Figure Skating and SCNV activities, but either do not subscribe on Monday night and are not members of VITOF or the National Blades teams. Associate Members may pick up Monday night sessions per the pick-up policy. Associate Members are registered with U.S. Figure Skating and have voting privileges in SCNV elections if they are at least 18 years of age. If parents of Associate Junior Members want to participate in SCNV affairs and vote in SCNV elections, they may become Primary Home Club Members at a discounted Subsequent Family Member rate.

Secondary Club Membership

Secondary Club membership is for skaters who have a current Primary Home Club Membership, including a U.S. Figure Skating membership, with another U.S. Figure Skating club.

MEMBERSHIP DUES

Each SCNV member must pay applicable membership dues. In addition to covering club members' U.S. Figure Skating registration fees, membership dues cover or supplement expenses associated with SCNV activities, testing, awards, and other supplies. Membership dues must be paid at the time of application.

Membership Dues

SCNV Primary Home Club Members

First Family Member	\$120.00
Subsequent Family Members/Parents (each)	\$ 65.00

SCNV Secondary Club Members**

First Family Member	\$ 70.00
Subsequent Family Members/Parents (each)	\$ 45.00

** Secondary Club Membership is only for skaters who have a current Primary Home Club Membership and U.S. Figure Skating membership with another U.S. Figure Skating club and are joining SCNV as their second club.

Introductory Membership: If you are joining U.S. Figure Skating for the first time (i.e., you have never been issued a U.S. Figure Skating number other than

a Basic Skills Membership), you are invited to join at an introductory rate of \$90 for the first family member and \$65 for each subsequent family member who are also first-time members.

Collegiate Membership: U.S. Figure Skating and SCNV offer a special membership for collegiate skaters. A 4-year membership is available for \$150, a 75% discount off the SCNV Primary Home Club Membership cost. It includes the same privileges and benefits. At the time of application, skaters must be enrolled in college. The 4-year Collegiate Membership is only available one time, no matter how long the skater remains in college. The Collegiate Membership may be transferred to another U.S. Figure Skating club one time during the 4-year membership period. If the membership is transferred, Collegiate Members will remain Secondary Club Members of SCNV for the remaining membership period.

Primary Home Club Membership for U.S. Figure Skating Officials/Judges: Current U.S. Figure Skating Judges and Technical Panel Officials can purchase a Primary Home Club Membership at a discounted rate of \$95. Adult skaters and parents can find more information about becoming a U.S. Figure Skating Official/Judge at www.usfsa.org or by contacting SCNV Board Member Cheryl Litman (cheryl@scnv.org).

Learn to Skate USA Membership: Skaters new to the sport of figure skating can opt for an inexpensive basic-skills membership (\$17/year), which allows them to join our skating community and become eligible to compete at U.S. Figure Skating Learn to Skate competitions. Learn to Skate memberships receive a U.S. Figure Skating Learn to Skate membership card and the annual Learn to Skate Edition of *Skating Magazine*. Learn to Skate members are NOT eligible to subscribe to or pick up Club Ice, test with U.S. Figure Skating (Pre-Preliminary and above), or to receive annual SCNV Awards. The fees paid for this SCNV/U.S. Figure Skating Learn to Skate membership will NOT transfer as credit towards a higher-level membership during the current membership year, so if a skater expects to progress beyond the Learn to Skate levels prior to July 1st, then it is more cost-effective purchase an Introductory Membership.

Virginia Ice Theatre of Fairfax: SCNV is the home club of the Virginia Ice Theatre of Fairfax (VITOF), which practices at Prince William Ice Center. One parent/guardian of Junior Full Members including members of VITOF, must

also become an SCNV member. For more information, visit www.virginiaicetheatre.org.

National Blades Synchronized Skating Teams: SCNV is the home club of National Blades, which practices at the Prince William Ice Center. All National Blades members must be Full Members of SCNV. One parent/guardian of Junior Full Members including members of National Blades, must also become an SCNV member. For more information, visit www.nationalblades.com or contact Teresa Yuengert at iceytee2012@gmail.com.

MONDAY NIGHT CLUB ICE – SESSIONS AND FEES

The Skating Club of Northern Virginia is pleased to offer Club Ice to our members Monday evenings from 7:25pm – 8:25pm starting Monday, September 10, 2018 thru Monday, June 10, 2019*.

Club Ice will be structured with a group 20-minute off-ice/warm-up class taught by Joe Griffin, a 20-minute Components class taught by coaches Jonathon and Nadia Hodgkinson, followed by a 40-minute freestyle session.

All sessions are limited to 22 skaters per session, and skaters must be ISI Freestyle 2 or higher in order to subscribe. **For skaters under 18, a parent must also be a current member of SCNV in order to contract Club Ice.** Parents should join as a Subsequent Family member at a discounted rate. To join, please visit: <http://www.scnv.org/Membership&Testing>.

Benefits of Full Membership

SCNV members who subscribe to Club Ice enjoy Full Member status, which includes eligibility for Club trophies and scholarships***, first priority placement on Club test sessions and free achievement badges, and first priority for pick-ups on Club Ice sessions to which they are not subscribed. Basic Skills members are not eligible to subscribe to Club Ice.

***Skaters enrolled in any one session of Components class will be Full members during the time of their enrollment, and will receive priority for test sessions and free badges during their enrollment. To be eligible for Club trophies and scholarships, a skater must be enrolled in at least two Components sessions and/or the Freestyle session.

Enrollment Priority

Subscriptions are accepted on a first-come, first-serve basis. The date payment is received, either by online payment or through the mail, determines priority for subscription requests. If the session is full at the time of your subscription request, your payment will be refunded and you'll be placed on a waiting list.

Contractual Obligation

By signing up for an SCNV Club Ice session, you are contracting to pay for that session in its entirety. **There will be no refunds except in cases of extraordinary circumstances approved by the Board.** This contractual obligation applies to the purchase of ice for all SCNV freestyles. Failure to pay

ice fees will result in the loss of all ice, test, and competition privileges and may result in loss of SCNV and U.S. Figure Skating membership. If you wish to try out a Club Ice session before making the commitment to subscribe, please note that members may pick-up Club freestyle sessions at a cost of \$18.00 per session, space permitting.

The following is the schedule for Club Ice this season:

Sept 10 – Nov. 26

6:45–7:05pm Warm up before hitting the ice. Fairfax Ice Arena’s athletic trainer Joe Griffin will lead students in effective stretches and warm-up before going on the ice.

7:25–7:45pm Jonathon and Nadia Hodgkinson will teach a components class featuring interpretation of music, choreography, movement, and skating skills. This class will cover all of the fundamentals of improving overall performance. This includes transitions, edge control, flow over the ice, clarity of technique and the use of effortless power to accelerate and vary speed. As the class progresses, more advanced skills will be covered. The class may be divided into different levels.

7:45–8:25pm 40-minute Freestyle session

Dec. 3 – March 11*

6:45–7:05pm Warm up before hitting the ice. Fairfax’s Joe Griffin will lead students in effective stretches and warm-up before going on the ice.

7:25–7:45pm Jonathon and Nadia Hodgkinson will teach an introductory dance class. As the class progresses, more advanced skills will be taught. The class may be divided into different levels.

7:45p–8:25 pm 40-minute Freestyle session

March 18 – June 10*

6:45 – 7:05 pm Warm up before hitting the ice. Fairfax’s Joe Griffin will lead students in effective stretches and warm-up before going on the ice.

7:25p–7:45pm TBD

7:45p–8:25pm 40-minute Freestyle session.

*These sessions will not be held on Dec. 24 and Dec, 31, 2018, and April 15, 2019.

Club Ice Schedule and Fees

Off-ice/warm-up class with Joe

Sept. 10 – Nov. 26, 2018

6:45 – 7:05 pm Off-ice Monday **\$60.00**
12 sessions – 20 minutes each

Dec. 3 – March 11, 2019

6:45 – 7:05 pm Off-ice(2) Monday
Enrollment will open mid-fall

March 18 – June 10, 2019

6:45 – 7:05 pm Off-ice(3) Monday
Enrollment will open mid-winter

Class with John and Nadia Hodgkinson

Sept. 10 – Nov. 26, 2018

7:25 – 7:45 pm Components Monday **\$144.00**
12 sessions – 20 minutes each

Dec. 3 – March 11, 2019

7:25 – 7:45 pm Dance Monday **13 sessions**
Enrollment will open mid-fall

March 18 – June 10, 2019

7:25 – 7:45 pm TBD Monday **12 sessions**
Enrollment will open mid-winter

Sept. 10 – June 10, 2019*

7:45 – 8:25 pm Freestyle (FS) **\$481.00**
37 sessions – 40 minutes each

*These sessions will not be held on Dec. 24 and Dec, 31, 2018, and April 15, 2019.

Before subscribing, please review all Club Ice policies and rules for Club freestyle sessions on pages 27-31.

Register for Club Ice – Two Payment Options

Option 1: Pay Online

1. Process payment through the SCNV Membership & Testing site (Entryeeze) under the **Merchandise** section: <http://www.scnv.org/Membership&Testing> (includes 3.5% convenience fee).
2. Complete the attached contract AND medical release. Submit to SCNV Mailbox (at Fairfax Ice Arena) or via mail to: **Charles Park, 5377 Abernathy Court, Fairfax, VA 22032**, along with a **copy of your payment receipt**.

Option 2: Pay by Check/U.S. Mail

1. Complete the attached contract AND medical release.
2. Submit along with appropriate payment, making checks payable to SCNV, via U.S. mail to: Charles Park, Sessions Chair, 5377 Abernathy Court, Fairfax, VA 22032. Please **DO NOT PUT CHECKS IN THE SCNV MAILBOX** at Fairfax Ice Arena.

Installment Payments

There is an installment plan available for the Freestyle Club Ice session only. Please see entryeeze for more information.

General Information: SCNV offers its members Club Ice prime-time Monday evenings with a limited number of skaters per session. Club Ice fees are based on the rate charged to SCNV by Fairfax Ice Arena.

Club Ice may not be substituted for another freestyle ice session, is non-transferable, and may not be resold. Skaters will receive a reserved space on Club Ice in the order subscribed.

Pick-up Policy: SCNV Full Members have priority for pick-up on any less than fully subscribed Club Ice session as well as slots made available because of absences on fully subscribed Club Ice sessions. SCNV Associate Members may pick up any session with empty slots. All skaters wishing to pick-up a session must check in with the session monitor before taking the ice.

Guest Policy: Non-SCNV members may skate on a Club Ice freestyle session, as a guest, up to three (3) times per season. Guests are permitted to skate if SCNV members contracting or picking up the session do not fill all available slots.

Coaching Policy: Only coaches with prior SCNV Board of Directors approval may teach on Club Ice. Coaches wishing to teach on Club Ice may contact Jill Smith at secretary@scnv.org. Members should not assume their coach is approved for Club Ice; skaters should confirm with their coach before subscribing.

Cancellation Policy: If Fairfax Ice Arena is closed for inclement weather, mechanical failure, or other circumstances, Club Ice sessions are canceled and SCNV will attempt to reschedule. SCNV will refund fees for Club Ice sessions cancelled and not rescheduled.

Club Rules: SCNV Club Ice session rules are located on pages 28-32 of this Season Book. Members who do not abide by SCNV rules may have their memberships revoked.

Wait List: Wait lists for full Club Ice sessions will open 15 minutes before the first session of the day. Please see the session monitor to determine availability. Any open spots are available on a first-come, first-served basis according to the priority established in the Pick-up Policy (Full Members, Associate Members, and then non-members).

TESTS

There are nine moves and free skate test sessions scheduled for the 2018-19 season as follows:

- **Oct. 21** 7:00 - 11:50am Fairfax Ice Arena
- **Nov. 18** 7:00 - 11:50am Fairfax Ice Arena
- **Dec. 16** 7:00 - 11:50am Fairfax Ice Arena
- **Jan. 13** 8:20 - 1:20pm Prince William Ice Center
- **Feb. 10** 9:00 - 2:00pm Prince William Ice Center
- **March 17** 7:00 - 11:50am Fairfax Ice Arena
- **April 5** 4:00 - 8:00pm Prince William Ice Center (during the Cardinal Classic)
- **May 19** 7:00 - 11:50am Fairfax Ice Arena
- **June 9** 7:00 - 11:50am Fairfax Ice Arena

There are two dance test sessions scheduled for the 2018-19 Season:

- **Nov. 4** 3:50 - 8:40pm Prince William Ice Center
- **Jan. 27** 3:50 - 8:40pm Prince William Ice Center

Dance tests may be available on some moves and free skate dates. Please check with the test chairs before registering for a dance test. See testing details at www.scnv.org/tests.html. Members must complete test applications online. Skaters must be members of U.S. Figure Skating before the application deadline, and must be members in good standing with U.S. Figure Skating to test.

Testing Priority: SCNV will determine test session priority based on SCNV membership level, time, space, and available judging levels. SCNV will schedule tests that are contingent on the outcome of another test scheduled for the same session and skaters registering for a second test in the same session only after all other candidates have been accommodated.

SCNV Testing Priority:

- 1) SCNV Members from waiting list of the most recent test session
- 2) The following additional SCNV Members:
Full Members (Primary and Secondary)

Associate Members (Primary and Secondary)

3) Non-SCNV Members from the waiting list of the most recent test

4) Other Non-SCNV Members

Within each category above, SCNV Testing Priority Structure is applied as follows:

- 1st - Candidates who have not tested in the same discipline during the current season.
- 2nd - Candidates who did not test at the preceding SCNV test session or at a test session given by another club around the same time or later.
- 3rd - Candidates who tested at the preceding SCNV test session or at another club around the same time or later.
- 4th Non SCNV Members

SCNV Test Session Refund Policy: Registration for test sessions will normally close two weeks before the test date. In cases when a session is oversubscribed well in advance of the closing date, the test chair may elect to close registration early. **There will be no refunds for cancellations after registration is closed, except as outlined below.**

Test applicants should heed the following before submitting an application:

1. Test fees are non-refundable after the close of registration, so skaters should be sure that both they and their coach are available at any time during the scheduled test. There is no guarantee specific scheduling requests can be accommodated.
2. Skaters and coaches should be prepared to test up to one hour before their scheduled time. If the test session runs early and the skater is not present one hour before their scheduled time, they risk forfeiting their test.
3. Scheduling tests involves many variables; individual needs cannot always be accommodated.

Test Fees will only be refunded if one of the following two criteria is met:

1. The skater is on the waiting list on the day of the test.
2. The skater is unable to test due to injury or documented illness. SCNV must receive written/emailed notification that the skater is injured and

is withdrawing from the test no later than the day before the test session. Ill or injured skaters must submit a doctor's note to receive a refund.

IJS Protocol for Test Credit: In accordance with USFS Rules TR 3.00, 4.01 and 4.02, which went into effect Nov. 1, 2017, athletes may receive credit for meeting minimum scores at any competition held under the International Judging System (IJS). The athlete must "skate-up" to the event they are seeking test credit for, in addition to having already passed any prerequisites prior to the competition event.

Events eligible:

[Singles Free Skate](#): Juvenile, Intermediate, Novice, Junior, Senior, and Adult Gold

[Pairs Free Skate](#): Juvenile, Intermediate, Novice, Junior, and Senior

[Free Dance](#): Juvenile, Intermediate, Novice, Junior, and Senior

You can download the IJS Protocol for Test Credit Request Package on the Tests page at scnv.org

Out-of-Club Testing: Members of SCNV wishing to test with another club must obtain permission in writing from the SCNV Test Chair, Thuthuy Huynh, at thuthuy@scnv.org or Stephanie Haynos at stephanie@scnv.org. Include in the email the skater's name, test to be taken, home club name and the home club test chair email address. Non-SCNV members testing on a SCNV test session must provide permission to test from their home club test chair.

SCNV charges non-SCNV members a guest fee to register for SCNV test sessions.

U.S. FIGURE SKATING COMPETITIONS

U.S. Figure Skating requires the SCNV Board to approve competitive skater applications prior to each U.S. Figure Skating competition. The SCNV Board reviews applications to certify that, to the best of its knowledge, the applicant is eligible to enter the events requested in accordance with the rules of U.S. Figure Skating, including that the applicant is an SCNV member in good standing. The authorization process is typically transparent to skaters and parents for online competition registrations.

To avoid delays, members should select “SC of Northern Virginia” from the EntryEeze Home Club drop-down menu and ensure their membership is current before registering for a competition.

After competitions, eligible members should report skater participation and results to Honor Johnson at honorj@att.net to be considered for annual awards (see page 19).

SANCTIONS

If you are an eligible skater and a member of U.S. Figure Skating, your appearance in public exhibitions is governed by a set of sanctions that protect your eligibility status for competitions, tests, and other U.S. Figure Skating-governed activities. When you are invited to skate in ANY exhibition or demonstration that is not sponsored by SCNV, you must ask the person or group extending the invitation if the event is sanctioned or approved for U.S. Figure Skating skaters’ participation. If it is, you must call any SCNV officer for written permission to participate. If it is not, you must contact the SCNV Sanctions Chair to see if a sanction can be obtained. Do not assume that it is okay to skate.

Any skater can be restricted from U.S. Figure Skating competitions or other events if they violate sanctions rules and complaints are filed.

The SCNV sanctions policy requires that all requests for sanctions be in writing and submitted to the SCNV Board 60 days prior to the scheduled event. Participants should have the following information:

- Who is organizing the event?
- What is its purpose?
- When will the event be held?
- Where the event is being held?
- Is the event free to the public or is admission being charged?
- What will the figure skaters be doing as part of the event?

Please direct questions concerning sanctions to the Secretary Jill Smith at secretary@scnv.org.

CLUB ACTIVITIES

The following Club activities are currently planned for the 2018-19 season. Watch for information on these and other events in the SCNV newsletter, weekly emails, and on the SCNV website.

SOUTH ATLANTIC SEND-OFF	Sunday, September 30, 2018 4:00 to 6:00 pm Fairfax Ice Arena
HOLIDAY PARTY	December, 2018 TBD
SYNCHRO EASTERN SECTIONAL SENDOFF	TBD
“NATIONALS NITE” VIEWING PARTY”	Friday, January 25, 2019 Ladies Free Skate 7:45 pm Tentative - Brion’s Grill
CARDINAL CLASSIC	Friday, April 5, 2019 – Sunday, April 7, 2019 Prince William Ice Center
ANNUAL MEETING – ELECTIONS AND PLANNING	Monday, May 20, 2019 7:30 pm TBD
SCNV BANQUET	Sunday, June 2, 2019 4:30 pm TBD
NATIONAL THEATRE ON ICE COMPETITION SEND-OFF	Saturday, June 15, 2019 3:00 – 4:30 Fairfax Ice Arena

MENTOR PROGRAM

SCNV believes in fostering an inclusive and welcoming environment for all of our skaters. In order to help build the bonds of community, SCNV offers a mentorship program, pairing older and more experienced skaters with skaters new to the sport or to the Club. More information about signing up will be available in the fall.

JUNIOR BOARD

The SCNV Junior Board is intended to promote camaraderie, add voices, and provide leadership opportunities for our high-school age skaters. The members of the Junior Board practice responsibility, compassion, dedication, time-management, and other positive traits through their efforts to assist the Club with activities and new ideas, while serving as role models for younger skaters. The Junior Board is comprised of skaters in 8th through 12th grades, who wish to serve our club while developing leadership skills. The Junior Board is not limited in size, so every SCNV skater in these grades is welcome to be on it. Contact Alexandra Williams at Alexandra@scnv.org for more information.

CLUB AWARDS

Club Trophies

Club trophies are presented to skaters at the Annual Banquet in June. Each trophy is awarded based on specific criteria, outlined below. **For the Full Member Achievement Awards, skaters must be Full Skating Members of SCNV at the time the competition or test takes place.** Age as of April 30 prior to the Annual Banquet determines the age group qualification. For most awards, a point system is used, with skaters earning points for U.S. Figure Skating tests passed and placement in select U.S. Figure Skating competitions during the period May 1 through April 30. **To ensure your skater receives credit for U.S. Figure Skating competitions, please contact Honor Johnson with results at honorj@att.net**

For the 2018-19 season, the following competitions are point bearing:

Non-Qualifying Open Competitions

Junior Skaters:

Cardinal Classic

May Day
Chesapeake Open
Skate Wilmington
Philadelphia Summer Championships
Hershey Open
Potomac Open
Challenge Cup
Falling Leaves
South Atlantic Non-Qualifying Competition

Adult Skaters, same as above plus the following:

WFSC New Year's Invitational
Adult Sectionals Non-Qualifying Events
Adult Nationals Non-Qualifying Events

Qualifying Competitions

South Atlantic Regional and Eastern Sectional Championships
(Singles, Pairs, and Dance)
Adult Sectionals Qualifying Events
U.S. Figure Skating Championships
U.S. Adult Figure Skating Championships (Qualifying Events)

National Theatre on Ice Competition

Synchronized Team Skating

Eastern Sectional Synchronized Team Skating Championships Qualifying Events

Eastern Sectional Synchronized Team Skating Championships Non-Qualifying Events

U.S. Synchronized Team Skating Championships

Florence Sifferd Memorial Trophy is presented to a female, Junior Full Member who represents SCNV and is age 9 and under.

Janis Klurfeld Memorial Trophy is presented to a female, Junior Full Member who represents SCNV and is age 10-12.

Founder's Trophy is presented to a female, Junior Full Member who represents SCNV and is age 13 and older.

Meline Michalopoulos Memorial Trophy is presented to a Junior Associate Member, male or female, who represents SCNV and who does not receive either the President's or Judges' Trophy.

Joseph Inman Adult Achievement Award is presented to a male or female, full Full or associate Adult Member who is in good standing and represents SCNV. Skaters eligible to receive the President's or Judges' Trophy are not eligible for this award.

Audrey King-Fred Yanke Trophy is presented to a Junior Full skating male member who represents SCNV and who has made the most progress over this past season. Tests passed and competition placements are deciding factors in selecting the recipient.

President's Trophy is presented to the skater representing SCNV who goes the farthest in U.S. Figure Skating qualifying competitions at the Novice, Junior, or Senior level.

Judges' Trophy is presented to the skater representing SCNV who goes the farthest in U.S. Figure Skating qualifying competitions at the Juvenile or Intermediate level.

Gene Loughran National Collegiate Trophy is presented to a skater who has represented SCNV for at least 2 years and who competed at the U.S. National Collegiate Championships.

Sportsmanship Trophies

SCNV Sportsmanship Trophies are awarded to skaters who demonstrate the best Sportsmanship as defined by “fair play, respect for opponents, and polite behavior by someone who is competing in a sport or other competition.”

In order to be eligible, a skater must be an SCNV member and have competed in at least one U.S. Figure Skating competition during the past season. The “Be Nice on the Ice” trophy is awarded to a non-qualifying level skater, and the “Sportsmanship” trophy is awarded to a qualifying-level skater.

Fairfax Ice Arena coaches who are U.S. Figure Skating category A or B compliant can nominate up to three skaters for each trophy, and the coaches then vote to choose the winners.

When making nominations and voting, coaches consider a skater’s demonstration of sportsmanship both on and off the ice at competitions, test sessions, and freestyle sessions/practices.

Ideal candidates demonstrate the following:

- Enthusiasm for fellow SCNV skaters at competitions
- Proper ice etiquette during freestyle sessions and practices
- Encouragement of other skaters’ efforts and accomplishments
- Management of post-competition disappointment and satisfaction with grace
- Do not complain about the judges or encourage others who do
- Welcome new or out-of-town skaters.

Scholar Award Program

SCNV recognizes those skaters who are training and competing for the Club while maintaining excellence in their scholastic endeavors through the Scholar Award Program. The club recognizes those skaters in Middle School (Grade 7 or up) or High School earning a 3.5 or above grade point average in

their coursework. Application and additional information are available at [on the SCNV website](#).

Competitors Fund

The SCNV Competitors Fund assists eligible SCNV members to defray some or all of the costs for single, pair, or ice dance skaters; synchronized skating teams; and theatre on ice teams, who by placing in a U.S. Figure Skating qualifying competition, are subsequently eligible to enter the next-higher qualifying competition. Eligibility requirements are available at www.scnv.org/awards.html.

Collegiate Scholarship Program

The SCNV Collegiate Scholarship program assists eligible SCNV members who are graduating high school seniors intending to pursue a college education during the upcoming academic year. The scholarship(s) are intended to honor skaters who have shown dedication to the sport of figure skating by testing and competing, set consistent standards of good citizenship and sportsmanship, and achieved academically. Among other qualifications, skaters must be high school graduating seniors and a Primary Home Club Member of SCNV for at least the three previous years, one year of which she/he must be subscribed to Club Ice. The SCNV Collegiate Scholarship program is also intended to promote long-term membership in SCNV and to encourage figure skating after high school. The application and additional information are available at www.scnv.org/awards.html.

The 2019 application will be available for downloading from SCNV website by February 1st, 2019. The application process includes submission of a completed application, high school transcript (7th semester) and an essay. A rubric for how the applications will be reviewed by the committee is included in the application.

EDUCATION INCENTIVE FOR COACHES AND OFFICIALS/PROSPECTIVE OFFICIALS

Recognizing the value and cost of continuing education for coaches and officials as well as the need for training new officials, SCNV is pleased to offer an education incentive for the 2018-19 Season. SCNV will reimburse up to \$100 per member as follows:

- SCNV coaches: up to \$100 reimbursement to defray the cost of specific educational opportunities, including PSA Conference registration, PSA Rating Test fees or U.S. Figure Skating Technical School.
- SCNV officials: up to \$100 reimbursement to defray the cost of specific educational opportunities such as U.S. Figure Skating Continuing Education Schools/Technical Schools.
- SCNV members who are prospective officials: up to \$100 reimbursement to defray the cost of specific educational opportunities such as attending Judges' School.

Primary Home Club members of SCNV in good standing are eligible for reimbursement. Coaches must also have current PSA CER Category A or B credentials. SCNV will reconsider reimbursement amounts and eligible education opportunities each year based on available funding.

U.S. FIGURE SKATING & SCNV CODES OF CONDUCT

The Skating Club of Northern Virginia is committed to creating a safe and positive environment for members' physical, emotional, and social development and ensuring that it promotes an environment free of misconduct.

The U.S. Figure Skating and SCNV Codes of Conduct apply to all participants in activities hosted, supported, sponsored, or engaged in by U.S. Figure Skating and SCNV including but not limited to competitions, exhibitions, training camps, and local rink activities.

Membership in U.S. Figure Skating and SCNV is a privilege and should carry a sense of pride. Participation in programs offered will require that members and parents of members under 18 years of age accept certain responsibilities.

U.S. Figure Skating Member Code of Conduct – GR 1.02

SCNV members are also members of U.S. Figure Skating. U.S. Figure Skating members must abide by the U.S. Figure Skating Member Code of Conduct, which is documented in the Official U.S. Figure Skating Rulebook and can be found at www.usfsa.org or by clicking [here](#).

SCNV Code of Conduct

The SCNV Code of Conduct is intended to address the increasing trends in youth sports whereby both parents and members are letting their emotions manifest themselves in abusive behavior and sometimes physical violence. SCNV supports a zero-tolerance policy for unsportsmanlike behavior. Its members, coaches, and parents (if member is under 18 years old) should continually raise the standard of behavior both on and off the ice.

SCNV MEMBERS' RESPONSIBILITIES:

Members will not verbally or physically abuse any of their fellow SCNV members. This also includes any U.S. Figure Skating officials, U.S. Figure Skating members, board members, volunteers, or coaches. Members understand that poor sportsmanship, on or off the ice, will not be tolerated.

SCNV PARENTS/GUARDIAN RESPONSIBILITIES:

Parents and guardians will not verbally or physically abuse SCNV members. This also includes any U.S. Figure Skating officials, U.S. Figure Skating members, board members, volunteers, or coaches. Parents understand that poor sportsmanship on or off the ice, will not be tolerated.

Parents/guardians will –

- Encourage good sportsmanship by demonstrating support for all skaters, coaches, board members, and officials during all on and off-ice sessions, practices, competitions, and other skating or club-related events.
- Place the emotional and physical well-being of their child and other skaters ahead of any personal desire to win.
- Insist that their child skate in a safe and healthy environment.
- Treat skaters (including their own child), parents, coaches, board members, volunteers, fans, and officials with respect and refrain from verbal indignities and physical abuse.
- Not engage in sexual harassment or sexual misconduct with any skaters, coaches, board members, and officials at all practices, competitions, and other skating or club-related events.
- Not discriminate against any skaters, coaches, board members, and officials at practices, competitions, and other skating or club events.
- Not encourage any behaviors or practices that would endanger the health and well-being of skaters.
- Refrain from coaching their child or “manipulating” other members during any on- and off-ice sessions.
- Teach their child to play by the rules and to resolve conflicts with civility and without resorting to hostility.
- Support coaches and officials working with their child to provide a positive, enjoyable experience for all, keeping in mind that skating is for the skaters.
- Respect the coaches and officials and their authority during events and not question, discuss, or confront coaches at the site.
- Take time to speak with the coach at an agreed-upon time and place, if there are issues and concerns to discuss.
- Demand a drug, tobacco, and alcohol-free sports environment for their child and refrain from using these substances at all events.
- Comply with all applicable Anti-Doping Rules including, but not limited to, ISU Anti-Doping Rules.

COURSE OF ACTION: Should a parent, guardian, or member not adhere to the above standards, the SCNV Board of Directors is empowered to take necessary action. Actions could be as simple as a verbal warning to the parent or member OR a disciplinary hearing before the Board of Directors leading to suspension or expulsion from the Club.

IMPLEMENTATION: The discipline process procedure is on file with SCNV. Anyone may file a written complaint and send it to an officer of the Club.

SCNV is bound by US Figure Skating Safesport

U.S. Figure Skating will not tolerate or condone any form of harassment (including sexual harassment), misconduct (including sexual, physical and emotional misconduct), bullying or hazing of any of its members including coaches, officials, directors, employees, parents, athletes and volunteers — or any other persons — while they are participating in or preparing for a figure skating activity or event conducted under the auspices of U.S. Figure Skating. The U.S. Figure Skating Policy Statement on Harassment and Abuse may be found in its entirety online at usfigureskating.org. Harassment of such nature between or among U.S. Figure Skating members shall be reported to the chair of the Ethics or Grievance Committee as soon as is practicably possible, per ECR 2.00 and GCR 2.00.

A. If any form of child abuse is observed or suspected, the observer should immediately contact either local law enforcement or a public child welfare agency and make a report.

B. Any person who violates this rule, who fails to appropriately report or who makes a false report or otherwise violates U.S. Figure Skating's Policy on Harassment and Abuse will be subject to disciplinary action in accordance with Article XXIV, Section 3, of U.S. Figure Skating bylaws.

SCNV SKATING SESSION RULES AND ETIQUETTE

COACHES

All coaches teaching on SCNV sessions:

- Must have prior approval of the SCNV Board of Directors
- Are expected to enforce the rules for skating sessions listed on the following pages with their students and report any inappropriate behavior or violation of the rules to the session monitor.

SESSION MONITORS

Session monitors shall enforce the rules for skating sessions listed on the following pages. Skaters violating these rules must be instructed to comply with these rules or leave the ice. Skaters who violate the rules and endanger the safety of other skaters on the session must be reported to the SCNV Board of Directors.

The SCNV skating rules and regulations stated on the following pages must be followed. Failure to do so may result in suspension of ice, test, and competition privileges, and loss of club membership.

GENERAL

- Guests (non-SCNV members) may skate on Club Ice no more than 3 times in the same season. All guests must check in and pay the monitor before skating.
- The fundamental rules of courtesy and good sportsmanship apply at all times.
- Skaters may be on the ice only during sessions for which they have paid or with monitor approval as a make-up for a missed session.
- Session monitors have the authority to discipline anyone not observing these skating session rules.
- SCNV is not responsible for injuries sustained on ice or at the rink during club-related activities, including Club Ice.

SESSION SKATING RULES

The following rules apply to all skaters (members of SCNV and guests) skating on SCNV ice time. All skaters and observers (when applicable) must:

- Make every effort to avoid collisions with other skaters. Skaters must use caution and be aware of other skaters at all times.
- Not exhibit hostile or threatening behavior towards other skaters, including deliberately skating close to another skater.
- Not use hostile or impolite language to other skaters or observers. This includes no cursing, yelling, or threatening.
- Dress appropriately: skating dresses, tops and skating skirts, or tops and leggings. No thongs, bathing suits, or other attire inappropriate for athletic competition.
- Leave the ice as soon as the monitor calls for clearing of the ice or when the Zamboni comes out. This is for safety and insurance reasons.
- Not get on the ice before their session begins and must leave the ice when their session has ended.
- Not damage rink property, including no kicking of the ice.
- Not sit on rink boards. This is a hazard to other skaters and defaces the barrier.
- Not eat, drink, chew gum, or smoke while on the ice. However, a skater may place bottled water with a cap on the boards.
- Not monopolize one section of the ice, i.e., the center or corners.
- Refrain from lengthy visits with other skaters on the ice. Socializing should be done off the ice.
- Not interrupt a coach who is teaching a private lesson to another skater.
- Not group skate with or without music (with the exception of designated Theatre on Ice sessions.)
- Not Pairs skate (below the Novice level) without prior Board approval. The limit is two (2) pairs per session and priority will be given to mixed pairs. Pairs skating above the Novice level is not allowed on Club Ice.
- Give all CDs to the monitor at the beginning of the session. The order of play and the playing of skaters' CDs more than twice will be at the monitor's discretion.
 - Skaters may choose to perform sections of their program, but each section will be considered a full run-thru with respect to the music queue.
 - NOTE: Skaters "picking up" will have their music played, if time permits, after subscribing members have had their CDs played once.

FREESTYLE SESSION ETIQUETTE

General Courtesy

Respect the rights of other skaters and coaches and be aware of who is around you. If you are a less-experienced skater, please be extra careful to stay aware of other skaters and to look ahead of where you are skating to see what others are doing or are about to do. If you are an experienced skater, please be patient with the less-experienced skaters. Remember – you were new to freestyles at one time, too. Please be understanding if someone gets in your way.

Right of Way

The skater doing a program run-through to music has the right of way.

Please stay aware of which skater is doing his or her program and do your best to stay clear of his or her pattern. The program skater must wear the designated belt to ensure other skaters are aware of who is performing his or her program. Get to know other skaters' programs, especially if you skate with them often, and it will be much easier to avoid their pattern.

Lutz Corners & Spins

Because of the nature of the Lutz jump, it is most commonly performed in the 10:00 (near overhead harness) and 4:00 (near off ice room) corners of the rink. These corners are informally called the "Lutz Corners." Avoid long-term practice activities in these corners, and try to be especially aware of your surroundings when you are in them. Remember that the approach to a Lutz is **long and blind**. The skater doing the Lutz is not likely to see you.

Generally speaking, spins should be practiced at center ice unless placed as part of a program/program section run-through. At Fairfax Ice Arena, the center hockey circle is also often put to use for practicing axels and double axels. Be especially aware and considerate of all who are attempting to use this area of the rink.

Dangerous Moves

When practicing elements like camel spins and back spirals be aware of the danger your exposed blade poses to other skaters. Once you start the element it will be hard to see, so take a good look at your expected "space" before you start the element, and abort it if it looks like you could cause a problem.

Don't Stand Around

KEEP MOVING! Refrain from standing around and visiting on the ice. It is

especially important not to stop in the middle of the ice or any of the jumping corners. This wastes expensive ice and presents an additional hazard for other skaters to avoid. If you must talk to another skater or your coach, move to the barrier. **If you fall, get up as quickly as possible.**

Clockwise Skaters

While most skaters jump and spin in a counterclockwise direction, please be aware of skaters who jump/spin in the opposite direction.

Adapted from U.S. Figure Skating's Basic Ice Usage and Free Skating Etiquette Safety Rules and <http://www.sk8stuff.com/> basic skating references (General Ice Etiquette and Safety Guidelines).